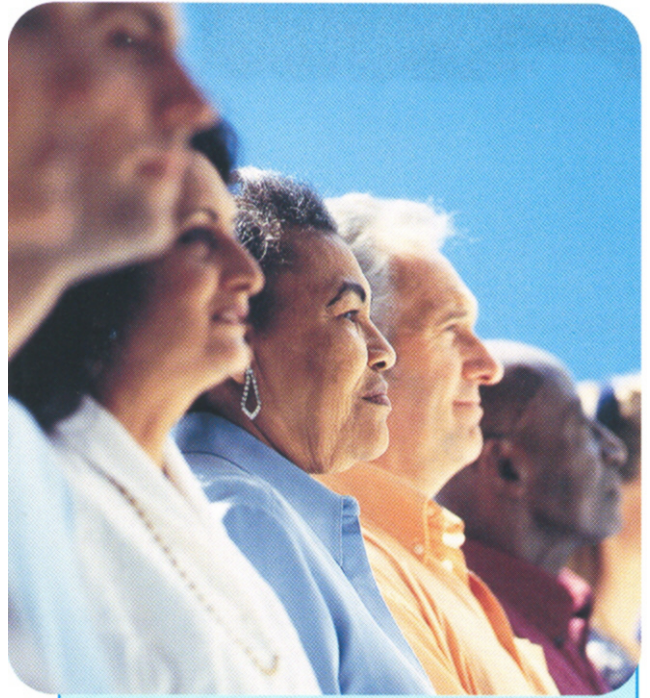


Living Well With Arthritis

2007 Summit

**May 11, 2007
Richmond Marriott West
In Innsbrook
4240 Dominion Blvd.
Glen Allen, Virginia**



Presented By:

**The Virginia Arthritis Action Coalition
The Virginia Department of Health
Division of Chronic Disease Prevention and Control
Arthritis Project**

OVERVIEW

The members of the Virginia Arthritis Action Coalition strongly recommend that an awareness symposium is needed to reach out to Physicians, Allied Health Professional and Community members to address arthritis as a public health issue. Arthritis is the leading cause of disabilities. The Center for Disease Control and Prevention (CDC) reports that currently in Virginia there are 1,539,000 with doctor diagnosed arthritis that is one out of four Virginians. The risks for Arthritis rise dramatically with age and are higher among women than men.

The purpose of this educational awareness symposium is to provide a format that will increase a basic understanding of arthritis in some of its most common forms and develop private and public partnerships to address the impact of arthritis in Virginia.

CONFERENCE OBJECTIVES

At the conclusion of this Summit, participants will have heard from experts in the field of Arthritis and be able to:

- Describe the many faces of people that are diagnosed with arthritis, and its risk factors.
- Discuss with patients accurate information regarding alternative therapies and traditional treatment options.
- Provide information concerning the current trends in surgical options, research findings and the state of future research.
- Explain the latest findings of new drug treatments, potential complications, and future research.
- Discuss how quality of life is impacted by arthritis and how to address potential challenges for both healthcare professionals and patients to discuss treatment options that improve quality of life.

EXHIBITS

As an attendee at the 2007 Summit, you are invited to visit and participate in our exhibition. This will take place outside of the Commonwealth Ballroom at the Richmond Marriott West. It is convenient to all of the summit sessions. The continental breakfast, morning and afternoon refreshment breaks, poster presentations and the bone density screening will take place in the exhibit area. The Senior Navigator Website will be demonstrated during Exhibit Open Hours. Drawings for Gifts from the Exhibit Vendors will take place during the Exhibit Hall Grand Opening Ceremony from 11:00 am – 11:30 am. The exhibit area will also be open during breaks at 9:45 am – 10:00 am and 2:45 pm – 3:00 pm.

If your agency is interested in exhibiting, please contact Katie Benghauser, Exhibit Chair, at (804) 827-1280 or Bunny Caro-Justin at (804) 864-7876.

HOTEL

The Living Well with Arthritis Summit will be held at the Richmond Marriott West, located in Innsbrook, 4240 Dominion Blvd., Glen Allen, VA 23060, (804) 965-9500, Fax: (804) 965-5559, marriott-hotels.com. A conference rate of \$102.00 plus taxes per night will be offered. **Deadline for the special rate is April 19.** You are responsible for making your own hotel reservations. The Marriott's compliant rooms are included in our room block and will be reserved on a first-come first serve basis. Please call the Richmond Marriott West directly at (804) 965-9500 to make your own reservations

Directions: From Richmond International Airport or Downtown: Take I-64 west to exit 178B. At the first light turn left on Dominion Blvd., the hotel is on the left.

Friday, May 11, 2007			
7:00 am - 4:00 pm	Registration and Exhibit Hall Open		
7:00 - 8:00 am			
8:00 - 8:30 am	Welcome Robert B. Stroube, MD, MPH State Health Commissioner		
8:30 - 9:45 am	The Impact of Arthritis in Virginia ❖ Advocacy In Action - Pamela Bennett, BSN, RN – Purdue Pharma ❖ The Burden of Arthritis in Virginia – Fred M. Rankin, III, MPH - CEO, MediCorp Health System		
9:45 - 10:00 am	Break & Exhibits Open		
10:00 - 11:00 am	Healthcare Professional Track Concurrent Sessions		Lay Health Track Concurrent Sessions
	A1	Alternative Medicines Carol Pontzer, PhD National Institutes of Health	A4 Discover the Wizard Within: Coping with Pain Janet Bykowski, RN – Manager, Pain Management Nursing Center of Excellence - Mary Washington Hospital
	A2	Pharmacological Therapy Partnership for Prescription Assistance will be providing a Pharmacist to speak on this topic.	A5 Adapting Your Environment Paula Martin – Woodrow Wilson Rehabilitation Center Kirk Ballin, Easter Seals -Agribility Alison Clarke, C.T.R.S. Sheltering Arms Physical Rehabilitation Centers
	A3	New Developments in Joint Replacement Surgery Matthew Dobzyniak, MD Tuckahoe Orthopaedic Associates, Ltd.	A6 The Role of Diet & Nutrition in the Management of Arthritis Stephanie Goode, ATC/L, CSCS Sheltering Arms Physical Rehabilitation Centers

11:00 – 11:30 am	Exhibit Hall Grand Opening Poster Presentations – Developing a Pain Navigator Program & Chronic Pain Management in an Acute Care Setting Bone Density Screening Adaptive Tools Demonstrations
11:30 am- 12:45 pm	Luncheon Session Creating Synergy: Developing an Arthritis Network Karen Funkenbush, MA – Missouri AgrAbility Project Director

12:45 – 2:45 pm	Healthcare Professional Track Concurrent Sessions		Lay Health Track Concurrent Sessions	
	B7	Taming Lions: Chronic Pain Management Strategies Janet Bykowski, RN – Manager, Pain Management Nursing Center of Excellence Mary Washington Hospital	B11	Maintaining Healthy Joints Sheila Ward, PhD. Norfolk State University
	B8	Update on Juvenile Idiopathic Arthritis Harry Gewanter, MD, FAAP, FACR Pediatric Rheumatologist Pediatric and Adolescent Health Partners, PC	B12	Arthritis Foundation Exercise Susi Hoshi-Castoro, PT, MSA, Director Rehabilitation & Wellness Center MediCorp Health System
	B9	Fibromyalgia – The Invisible Arthritis James P. Brodeur, MD Arthritis Specialists, Ltd.	B13	Managing Self Healing Through Water Kristy Zafar, MA, Medical Exercise Specialist American Family Fitness Centers May Therapy Center
			B14	Yoga Program for People with Arthritis Nora Pozzi, Certified Yoga Instructor

				Director, Integral Yoga Center
2:45 pm – 3:00 pm		Break & Exhibits		
3:00 pm – 4:00 pm	Healthcare Professional Track Concurrent Sessions		Lay Health Track Concurrent Sessions	
	CI5	Alternative Medicines Carol Pontzer, PhD National Institutes of Health	CI8	The Benefits of Chronic Disease Self Management: A Stanford University Program – Panel Charlene Learner, RN, CHES Deborah Batakis, RN, CHES
	CI6	Pharmacological Therapy Partnership for Prescription Assistance will be providing a Pharmacist to speak on this topic.	CI9	Adapting Your Environment Paula Martin – Woodrow Wilson Rehabilitation Center Kirk Ballin – Easter Seals – AgriAbility Alison Clarke, C.T.R.S. – Sheltering Arms Physical Rehabilitation Centers
	CI7	Collaborating to Improve Patient Outcomes: The Joint Replacement Center Concept Catherine Jerow, RN, MSN Susi-Hoshi-Castoro, PT, MSA Kurt Larson, M.D. Joint Replacement Center @ Mary Washington Hospital	C20	Arthritis of the Upper Extremity: Implications for Hand Therapy Brian Sokol, OTR/L & AJ Mullholand, OTR/L, CHT Sheltering Arms Physical Rehabilitation Centers
4:00 pm – 5:00 pm		Closing Session Experts at Your Service		

**Summit Registration Form
Living Well with Arthritis
Richmond Marriott West
May 11, 2007**

Please print or type

Title _____

Agency _____

Mailing Address _____

City _____ State _____ Zip _____

Phone Number _____ Fax Number _____

Last 4 Digits of Your Social Security Number (for CEUs) _____

CEUs /CEs are pending to the Professional Organizations requested by our attendees.

I am requesting credit hours for: ☐ RN ☐ CHES ☐ PT ☐ OT ☐ RD ☐ AEA

Application for CMEs is being submitted.

☐ Check if Vegetarian meals are required.

☐ Check if you have Special needs and attach a typed description to the registration form.

Please select a total of four concurrent sessions that you wish to attend. One session from A, two sessions from B, and one session from C.

Healthcare Professional Track				Lay Health Track			
10:00 AM	A1	A2	A3	<i>Please select one "A" session (circle one)</i>			
				10:00 AM	A4	A5	A6
12:45 PM	B7	B8	B9	<i>Please select two "B" sessions (circle two)</i>			
				12:45 PM	B11	B12	B13 B14
3:00 PM	C15	C16	C17	<i>Please select one "C" session (circle one)</i>			
				3:00 PM	C18	C19	C20

Registration Fee: \$50.00

Conference Payment by Credit Card, Money Order or Check. **Phone and Fax Registration by Credit Card Only.** Please make your **check payable to Mary Washington Hospital.**

☐ Check | ☐ Money Order | ☐ Visa | ☐ Mastercard

Name on Credit Card: _____

Credit Card Number: _____

Expiration Date: _____

Signature: _____

**Mail/Fax Registration Form to: Mary Casebolt, Nursing Center of Excellence
Mary Washington Hospital, 1001 Sam Perry Blvd., Fredericksburg, VA 22401
Phone: 540.741.1751 Fax: 540.741.1789**